

12th Annual



2010 Schedule

Friday, July 29th

7:15 PM	Atlantic	2	vs	Central	5	Super Rink 1
7:45 PM	Metropolitan	1	vs	Pacific	8	Super Rink 2

Saturday, July 30th

9:45 AM	Atlantic	8	vs	Metropolitan	4	Super Rink 3
10:15 AM	Central	4	vs	Pacific	6	Super Rink 4
4:00 PM	Atlantic	7	vs	Pacific	6	Super Rink 1
4:30 PM	Central	3	vs	Metropolitan	4	Super Rink 2

Sunday, July 31st

11:30 AM	1st	Atlantic	4	vs	2nd	Pacific	3	GOLD MEDAL	SR-1
11:30 AM	3rd	Metropolitan	2	vs	4th	Central	0	BRONZE MEDAL	SR-2

Standings

	Game 1	Game 2	Game 3	Points	Seed	Goals F	Goals A
Atlantic	0	3	3	6	1		
Central	3	0	0	3	4		
Metropolitan	0	0	3	3	3		
Pacific	3	3	0	6	2		

Huge Discounts on all NHG Apparel

- Friday: 3pm to 8pm
- Saturday: 9am to 3pm



3 points-Win, 1 point-Tie, 1 point-Shutout

Tiebreakers: Wins, Head to Head, Goals against, Goal differential, Least Penalty minutes, Coin Toss

Rules: four minute warmup, three 17 minute running time periods one minute rest between periods, Third period will be a running time half until the final two minutes- if score is within 2 goals stop clock on whistle. NO OVERTIMES until Sunday!

LETTERMEN SPORTS FUN ZONE SATURDAY 11am-3pm



Skills competition outdoors sponsored by Lettermen Sports
 All participants will be treated to lunch at this time at the food truck
2010 FASTEST SKATER & GOALIE RACE 1:45-2:10 on Rink 4- Come fully dressed
 Prizes for 1st and 2nd place and goalie winner



Two skaters at a time will compete vs each other and the fastest two times will go last. Goalies will be a 2 lap sprint.